

Providing Carers with the information and support they need

## Help us to support future Carers



By leaving a gift in your will you'll be doing something amazing - helping to change the lives of local Carers.



[www.carersek.org.uk](http://www.carersek.org.uk)

Carers' Support East Kent is a charity that provides Carers with the information and support they need.

Innovation House, Discovery Park, Ramsgate Road, Sandwich, Kent CT13 9ND | Registered charity number 1136904  
| Company limited by guarantee number 7213672.

**After taking care of your loved ones, leaving a gift in your will to Carers' Support East Kent will help change the lives of local Carers.**

Making a will is essential to ensure your wishes are carried out but is also an opportunity to do something wonderful.

It is important to make a will, whatever your age. Although none of us likes to think about ageing, infirmity and death, the consequences of failing to address them can equally be unpleasant. Research shows most of us don't have sufficient plans in place for the end of our lives because we are unaware of what to do, or unsure of how to talk about it or where to get advice. Having a professionally made Will ensures that your wishes are carried out and that your loved ones are cared for.



Making a will ensures that you are in control of what happens to your possessions and property when you have gone.

By leaving a gift in your will to Carers' Support East Kent, you will help ensure people who look after a friend or relative have the reassurance, information, and guidance they need to continue providing care and live well. Your amazing gift will help change the lives of Carers.



## "It's nice to feel human for a little bit, to be a person and not someone's Carer"

Jan lives in Aylesham. She is a mum of three, Carer for her young adult autistic son who has asthma as well as multiple allergies. She also works as a part-time paid care support worker.

"As Carers, everything we do revolves around the needs of the person we care for, but it would be amazing to just feel yourself for a little while. I would love to have even half a day in a spa or time to meet friends for a coffee. I haven't been to a hairdresser in 6 years!"



**"I never used the term Carer to describe myself, but I came across Carers' Support East Kent a few years ago, did some training courses and went to some Carer drop-ins. It's nice to feel human for a little bit, to be a person and not someone's Carer."**



Every gift, large or small will make a difference. You don't have to leave a large gift in your will to make a difference to local Carers. All legacies, no matter the size, will make a difference to someone looking after a friend, relative or loved one.

We understand giving donations of this sort is sensitive, personal, and private between you, your family and loved ones, but should you want further details, decide to leave a gift in your will or want to discuss this with us - you can do so by using the contact details at the back of this booklet.

Thank you for considering supporting local Carers by leaving Carers Support East Kent a gift in your will. Your kindness and generosity will ensure we will be able to continue providing support services to all who need them, free of charge, for many years to come.



**I can't put into words the difference  
the support has made**

**Your kind and thoughtful tribute will make a difference to someone looking after a friend, relative or loved one.**

## **Thank you!**

Carers' Support East Kent  
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Website: [www.carersek.org.uk](http://www.carersek.org.uk)

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